Problema J164. If x and y are positive real numbers such that $(x + \sqrt{x^2 + 1}) (y + \sqrt{y^2 + 1}) = 2011$, find the minimum possible value of x + y.

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Suppose, more generally, that x and y are positive real numbers such that

$$\left(x + \sqrt{x^2 + 1}\right)\left(y + \sqrt{y^2 + 1}\right) = a$$

where $a \ge 1$. Thus, we have

$$x + \sqrt{x^2 + 1} = a\left(\sqrt{1 + y^2} - y\right) \qquad \Rightarrow \qquad x + ay = a\sqrt{1 + y^2} - \sqrt{1 + x^2} \qquad \Rightarrow \qquad 2a\sqrt{(1 + x^2)(1 + y^2)} = 1 + a^2 - 2axy \qquad \Rightarrow \qquad 4a^2\left(x^2 + y^2\right) + 4a\left(1 + a^2\right)xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x^2 + y^2 + 2xy\right) + 4a\left(1 + a^2 - 2a\right)xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(a - 1\right)^2xy = \left(a^2 - 1\right)^2 \qquad \Rightarrow \qquad 4a^2\left(x + y\right)^2 + 4a\left(x + y\right)^2 + 4$$

Now, since $xy \leq \frac{(x+y)^2}{4}$ (by AM-GM inequality), we get

$$4a^{2}(x+y)^{2} + a(a-1)^{2}(x+y)^{2} \ge (a^{2}-1)^{2} \implies (x+y)^{2} \ge \frac{(a^{2}-1)^{2}}{a(a+1)^{2}} \implies x+y \ge \frac{a-1}{\sqrt{a}}$$

If a=2011 we obtain that the minimum possible value of x+y is $\frac{2010}{\sqrt{2011}}$, which is assumed if $x=y=\frac{1005}{\sqrt{2011}}$.