MathContest - Problem 3. Let m_a , m_b , m_c and R be the medians and the circum-radius of a triangle ABC. Prove that

$$\frac{m_{a}^{2}+m_{b}^{2}+m_{c}^{2}}{R^{2}\left(\sin^{2}A+\sin^{2}B+\sin^{2}C\right)}$$

is a positive integer and determine its value.

Solution by Ercole Suppa, Teramo, Italy

By using the Apollonius's formula

$$m_a = \frac{1}{2}\sqrt{2b^2 + 2c^2 - a^2}$$

and its analogs we have

$$m_a^2 + m_b^2 + m_c^2 = \frac{3}{4} \left(a^2 + b^2 + c^2 \right)$$
 (1)

On the other hand the extended sine law yields $a=2R\sin A,\,b=2R\sin B,\,c=2R\sin C.$ Therefore

$$R^{2} \left(\sin^{2} A + \sin^{2} B + \sin^{2} C \right) = \frac{1}{4} \left(a^{2} + b^{2} + c^{2} \right)$$
 (2)

From (1) and (2) it follows

$$\frac{m_a^2 + m_b^2 + m_c^2}{R^2 \left(\sin^2 A + \sin^2 B + \sin^2 C \right)} = 3$$

and the problem is solved.